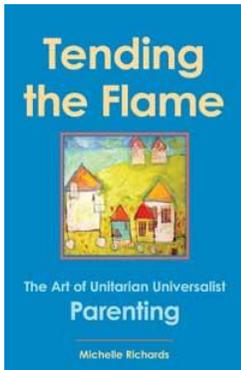


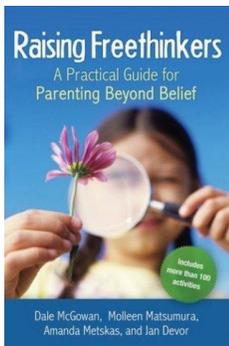
Books for Unitarian Universalist Parents



Tending the Flame: The Art of Unitarian Universalist Parenting [Michelle Richards](#)

Sharing our personal religious and spiritual beliefs with our children is not indoctrination. It is offering the wisdom and insight that they eagerly seek from us-just as they look to us for guidance when choosing between right and wrong courses of action. If we are vague and ambiguous when our children ask us theological questions, we lose our opportunity to have a positive influence on them in this area. Eventually, they'll stop asking us religious questions and look for answers elsewhere.-from Tending the Flame

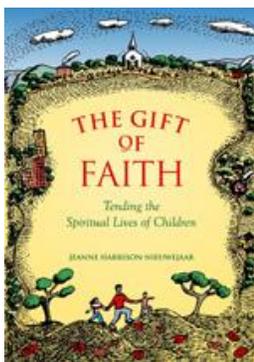
In this first-of-its-kind guide to Unitarian Universalist parenting, mother and experienced religious educator Michelle Richards encourages a practical and proactive approach to raising Unitarian Universalist children. Includes information about developmental stages, suggestions for incorporating spiritual practices into family life, teaching the Principles in age-appropriate ways, answering difficult questions on religious matters and dealing with religious disagreements.



Raising Freethinkers: A Practical Guide for Parenting Beyond Belief

by [Dale MCGOWAN](#), [Molleen Matsumura](#), [Amanda Metskas](#) and [Jan Devor](#) " Praised by Newsweek as "a compelling read" and Library Journal as "accessible and down-to-earth," Dale McGowan's Parenting Beyond Belief offered freethinking parents everywhere a compassionate introduction to raising caring, ethical children without religious guidance.

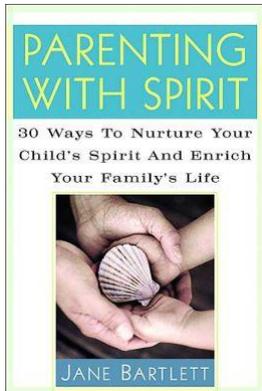
Now, for the more than 40 million people in the United States who identify themselves as nonreligious, Raising Freethinkers offers solutions to the unique challenges secular parents face and provides specific answers to common questions, as well as over 100 activities for both parents and their children. This book covers every important topic nonreligious parents need to know to help their children with their own moral and intellectual development, including advice on religious-extended-family issues, death and life, secular celebrations, wondering and questioning, and more.



Gift Of Faith: Tending the Spiritual Lives of Children

[Jeanne Harrison Nieuwejaar](#) [Patricia Frevert](#)

Filled with practical advice and psychological insight, The Gift of Faith celebrates religion in lives in children. Drawing from her personal stories and experiences, Nieuwejaar illustrates how religious community plays an integral role in deepening the faith of parents, who are children's primary educators. She encourages parents to communicate their beliefs in words and in actions and to become part of a religious community that supports these beliefs. Nieuwejaar offers ways to foster spiritual awareness in the home and includes practices for marking the many events in children's lives as religious occasions.

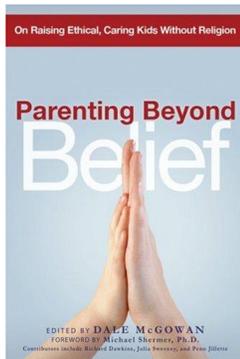


Parenting with Spirit: 30 Ways to Nurture Your Child's Spirituality and Enrich Your Family's Life

[Jane Bartlett](#)

As difficult as it can be for parents to cultivate their own spirituality amid the frenzy of their lives, it can be even harder to nurture their children's spiritual development. In *Parenting with Spirit*, author Jane Bartlett offers parents an inspiring yet practical way to both encourage and celebrate spirituality in their children and their family lives. These 30 child-friendly and interesting ideas include: creating rituals for the holidays, seasons, other festivities; going for nature walks, holding family meetings, storytelling with and without books, pursuing creative activities like art, music, and dance; turning everyday activities into play, and much more. Perfect for parents who are looking for ways to bring

their family closer together or simply want to show their kids that life is full of potential and purpose, *Parenting with Spirit* is sure to add depth and magic to every family's life.

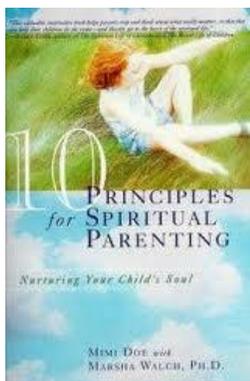


Parenting Beyond Belief: On Raising Ethical, Caring Kids without Religion

[Dale McGowan](#)

Foreword by Michael Shermer, Ph.D. Contributors include Penn Jillette, Julia Sweeney, and Dr. Donald B. Ardell This is an abridged edition of the print classic. It does not include essays by Richard Dawkins or Stephen Law. Please consult the print edition for these essays. It's hard enough to live a secular life in a religious world. And bringing up children without religious influence can be even more daunting. Despite the difficulties, a large and growing number of parents are choosing to raise their kids without religion. In *Parenting Beyond Belief*, Dale McGowan celebrates the freedom that comes with raising kids without formal indoctrination and advises parents on the most effective way to raise freethinking

children. With advice from educators, doctors, psychologists, and philosophers as well as wisdom from everyday parents, the book offers tips and insights on a variety of topics, from "mixed marriages" to coping with death and loss, and from morality and ethics to dealing with holidays. Sensitive and timely, *Parenting Beyond Belief* features reflections from such freethinkers as Mark Twain, Bertrand Russell, and wellness guru Dr. Don Ardell that will empower every parent to raise both caring and independent children without constraints



10 Principles for Spiritual Parenting: Nurturing Your Child's Soul [Paperback]

[Mimi Doe](#) [Marsha F. Walch](#)

In the hustle and bustle of everyday life, how do we, as parents, honor the spirituality of our children? As we shuttle between school, soccer practice, piano lessons, ballet lessons, birthday parties, and doctors' appointments, how do we find the time to encourage our children, through the ups and downs of growing up, to turn to God for guidance?

In *10 Principles for Spiritual Parenting*, Mimi Doe and Marsha Walch open our eyes to the spontaneous, creative, freethinking joy that characterizes a child's innate spirituality. In ten easy-to-follow chapters containing exercises and practical suggestions, the authors point out that opportunities to express spirituality are abundant in our routine life. Talking at dinner, lighting candles, performing daily chores--all of these events have the potential to

be sacred moments.

Contemporary parents face unique challenges: In our media-saturated culture, children are continually exposed to violence, cynicism, and a confusing code of ethics. By offering concrete ways to help children develop positive values, Mimi Doe and Marsha Walch support parents' efforts to counteract negative messages.

10 Principles for Spiritual Parenting is an invaluable guide for parents who yearn to help their children nurture a rich spirituality of their own.